

**Assessment Rating Scale Models**  
**MYSPP Suicide Assessment for Clinicians- 2010**

**IS PATH WARM? (AAS)**

- I Ideation
- S Substance Abuse
- P Purposelessness
- A Anxiety
- T Trapped
- H Hopelessness
- W Withdrawal
- A Anger
- R Recklessness
- M Mood Changes

**SAD PERSONS Scale**

The score is calculated from ten yes/no questions, with one point for each affirmative answer:

- S: Male sex
- A: Older age
- D: Depression
- P: Previous attempt
- E: Ethanol abuse
- R: Rational thinking loss
- S: Social supports lacking
- O: Organized plan
- N: No spouse
- S: Sickness

This score is then mapped onto a risk assessment scale as follows:

- 0-4 Low
- 5-6 Medium
- 7-10 High

Patterson WM, Dohn HH, et al: Evaluation of suicidal patients, THE SAD PERSONS Scale, Psychosomatics, 1983

**Modified SAD PERSONAS Scale**

The score is calculated from eleven yes/no questions, with points given for each affirmative answer as follows:

- S: Male sex → 1
- A: Age 19-25 or >45 years → 1
- D: Depression or hopelessness → 2
- P: Previous suicidal attempts or psychiatric care → 1
- E: Excessive ethanol / drug use → 1
- R: Rational thinking loss (psychotic or organic illness) → 2
- S: Single, widowed or divorced → 1
- O: Organized or serious attempt → 2
- N: No social support → 1
- A: Availability of Lethal Means → 2
- S: Stated future intent (determined to repeat or ambivalent) → 2

This score is then mapped onto a risk assessment scale as follows:

- 0-5: May be safe to discharge (depending upon circumstances)
- 6-8: Probably requires psychiatric consultation
- >8: Probably requires hospital admission